

ST MARY'S PRIMARY SCHOOL

	Monday	Tuesday	Wednesday	Thursday	Friday
04.09.17 02.10.17 30.10.17 27.11.17	Steak Burger, Onions Herb Diced Potatoes or Ham & Cheese Wrap Salad	Chicken Pie or Savoury Mince Cabbage Mashed Potatoes	Chicken Curry, Rice & Naan Bread Assorted Filled Rolls Salad Apple/Orange Juice	Roast Beef/Gammon Broccoli, Carrots, Gravy Dry Roast/Creamed Potatoes	Breaded Fish or Tuna & Sweetcorn Pasta Bake Peas Chips or Baked Potato
	Rice Pudding & Oranges	Ice Cream Rolls & Fruit Cocktail	Chocolate & Mandarin Sponge & Custard	Yoghurt & Fresh Fruit or Shortbread	Rice Krispie Bun & Milk
11.09.17 05.10.17 05.11.17 04.12.17	Sausages Baked Beans Mashed Potatoes or Filled Baked Potato Salad	Pizza or Pasta Bolognese Salad & Coleslaw Herby Diced Potatoes	Chicken Curry, Rice & Naan Bread or Assorted Filled Baguettes, Salad Apple/Orange Juice	Roast Pork, Apple Sauce Stuffing, Gravy Turnip Mashed/Dry Roast Potatoes	Baked Salmon or Steak Burger Salad & Coleslaw Chips or Baked Potato
	Ice Cream Wafer & Fruit Cocktail	Date Krispie & Custard	Jam & Coconut Sponge & Custard	Jelly Fruit & Cream	Shortbread or Flake meal Biscuit & Milk
18.09.17 16.10.17 13.11.17 11.12.17	Hot Dogs or Bacon & Mushroom Pasta Bake Baked Beans Diced Potatoes	Irish Stew & Wheaten Bread or Fish Fingers, Peas, Mashed Potatoes	Chicken Curry, Rice & Naan Bread or Assorted Filled Rolls Apple/Orange Juice	Roast Turkey, Stuffing Baton Carrots, Broccoli Gravy Dry Roast/Mashed Potatoes	Breaded Fish or Sweet Chilli Wraps Salad & Coleslaw Chips or Baked Potato
	Angel Delight & Fruit	Rice Pudding & Pineapple	Toffee Sponge & Custard	Ice Cream Wafer & Fruit	Frozen Yoghurt or Fresh Fruit Punnett
25.09.17 23.10.17 20.11.17 18.12.17	Potato & Leek Soup Filled Baguette or Steak Burger in Bag Cheese or Salad	Spaghetti Bolognese or Mini Fry Sausage, Bacon, Soda Bread, Potato Bread, Egg & Tomato	Chicken Curry, Rice & Naan Bread or Assorted Filled Rolls Apple/Orange Juice	Roast Chicken, Gravy Stuffing, Peas, Carrot & Parsnip Mashed/Dry Roast Potatoes	Fish Fingers or Bacon & Mushroom Pasta Bake Beans Chips or Baked Potato
	Ice Cream & Chocolate Sauce	Assorted yoghurts or Fresh Fruit	Vanilla Sponge & Custard	Jelly, Fruit & Cream	Chocolate Muffin & Milkshake

School food

Try something new today

www.schoolfoodini.com

Bread, Fresh Fruit, Yoghurt, Milk
and Water are available daily

If you require an alternative
information on allergies or special
diet please contact the school or the
first teacher

